

Do you have problems with any of the following?

- Phobias or trauma
- Coping with stress
- Depression
- Anxiety or fear
- Pain
- Coping with change
- Lack of confidence and self esteem
- Blokes' issues
- Health issues
- Gambling
- Weight loss
- Smoking
- Children with learning and/or behavioural difficulties
- Bedwetting



Clive Teare

Change Facilitator • NLP Master Practitioner
Practising member of NZANLP
West Auckland


Free 20 min consultation to discuss how
NLP coaching can help you.

Skype sessions available.


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Are you having fun yet?



...or do you have an area
of your life where you
would like to behave or
think differently?





Would you like to.....

- Move away from harmful or self sabotaging behaviours?
- Lay the past to rest?
- Sleep more easily?
- Be free of what's holding you back?
- Have better relationships?
- Communicate more clearly?
- Learn to motivate yourself effectively to achieve your goals/dreams?
- Be inspired and/or find your life's purpose?
- Become more aligned with your true self?
- Be coached through project or life transitions?

If you have an area of your life where you'd like things to change and have come to the realisation that you can't do it by yourself, NLP could be your answer as it has been for thousands of others.

"It worked! I mean it REALLY worked! Not only did those feelings not arise, but instead and to my delight, I caught myself during the flight actually looking out of the window and enjoying the view. You've given the world back to me."

Jane C, Sydney

"You cannot solve problems with the same kind of thinking that creates problems."

- Albert Einstein -

As a Change Facilitator I assist people with issues that have become a problem in their lives.

Like many people you may have patterns of behaviour that have developed quickly or over time that are now holding you back.

The source of the issue can often be very simply addressed - just requiring one visit for lasting change to occur. For example, my Fear of Flying session is guaranteed to work in one session or you don't have to pay!

If you desire and are open to changing some aspect of your experience of life, then allow me to assist you through a combination of conversation, visualisation and new insights.

Breakthrough Sessions

Spend a half or full day in and around the beautiful Bethells/Te Henga healing environment (only 35 minutes from the CBD), whilst moving effectively through your problem(s). These sessions include the option to incorporate bodywork and other healing modalities with local practitioners – a full mind/body transformation.

"Clive worked with me to overcome my fear of heights. His skills as an NLP practitioner were confirmed when I was explaining to a friend that I wouldn't be here if it wasn't for the hour I spent with him. "Here" was stood on a cable between two trees thirteen meters above the ground! Thanks Clive, you've allowed me to get so much more out of life."

Ben C, Auckland

How NLP can help you

Thoughts often become reality, so in order to change the reality of your life, first your thoughts need to change.

NLP provides the means to do this quickly and effectively.

This allows you to rid yourself of limiting beliefs or behaviours from past events or circumstances without having to relive painful details, as NLP techniques can be run content free.

I provide a safe and confidential space to listen without judgement to find the solution for you, and many people get the results they want after just one visit.

NLP - Neuro Linguistic Programming - is how you communicate with yourself and interact with the external world. This allows people, like you, to alter the habits or "programs" that limit them and provides the tools and techniques for creating positive change.

